Developing a Curriculum Implementation Assessment to Examine Model Fidelity

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AEA Conference October 17, 2014 LeCroy & Milligan

LeCroy & Milligan Associates

Small evaluation firm located in Tucson, AZ



Study Overview

- Assessment of the <u>Growing Great Kids</u> (GGK) Curriculum Implementation
- April 1, 2013 March 30, 2014
- In partnership with:
 - Healthy Families Arizona in Pima County
 - Great Kids, Inc.



Study Purposes

- Develop, pilot, and refine <u>fidelity metrics</u>, <u>tools, and protocols</u> for GKI
- By observing an exemplary program, HFAz-Pima
 - Highlight program strengths
 - Identify and document best practices
 - Learn and grow as a program

Study Purposes

Ensure that GGK is being delivered with the <u>highest level of quality</u> to best support families according to their individual:

- Strengths
- Stressors
- Values
- Culture
- Skill sets, etc.



Fidelity Assessment

To assess whether or not a practice is implemented with fidelity.

"The extent to which the delivery of an intervention <u>adheres to the protocol</u> or program model as intended by the developers of the intervention."

Implementation Science



Seeks to understand the processes and procedures (training, supervision, professional development)

that promote the <u>transfer</u> <u>and adoption</u> of intervention practices (use of GGK curriculum) in real-world contexts (by Healthy Families AZ-Pima County Home Visitors)



Implementation Practices

Training of curriculum, Supervision



Intervention Practices

Delivery of curriculum during home visits



Fidelity Assessment

Extent that training and supervision **promote adoption and use** of curriculum, as intended Extent that Home Visitation staff <u>deliver the curriculum</u> as intended and <u>produces desired</u> <u>outcomes</u>

Components of Fidelity

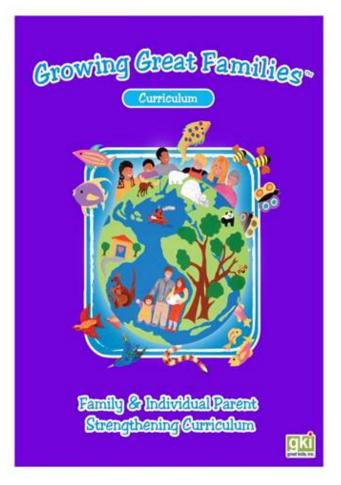
Context - conditions that must be in place for recommended curriculum use to occur



Components of Fidelity

Compliance - extent that staff use the core components of GGK



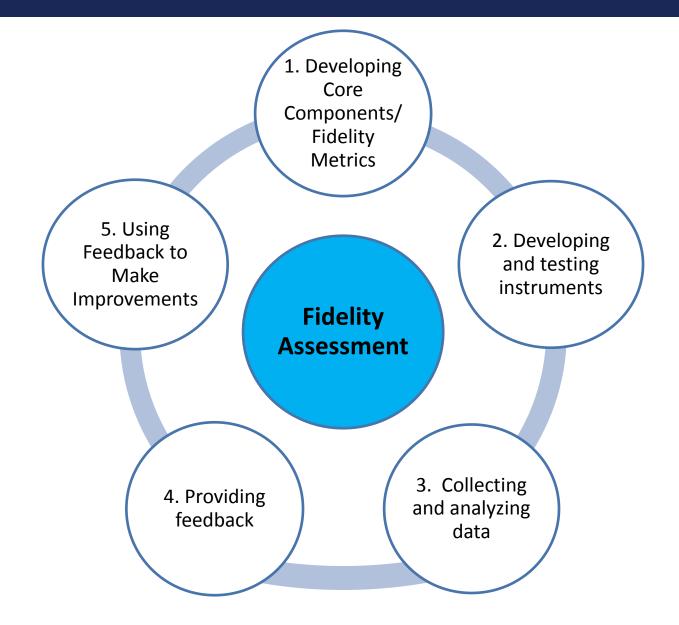


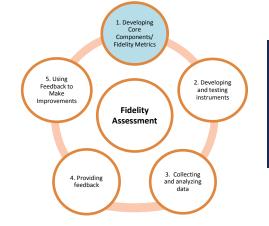
Components of Fidelity

Competence - level of skill shown by staff in using the core components, when delivering GGK with families.



Five Stages of Fidelity Assessment





1) Core Components and Fidelity Metrics

47 Fidelity Metrics:

- I) Training/ongoing skill building
- 2) Supervision
- 3) Curriculum implementation



Target fidelity standards were developed in consultation with GKI (curriculum purveyors)



Fidelity Metric	Target	Achieved	Data Source
% of Home Visitors and Supervisors that complete GGK training within 4 months of hire	90%	91%	Program Records
% of trainees reporting improvement in skills, knowledge, and confidence to deliver GK curriculum, post training	80%	86%	Pre/Post Survey

Supervision

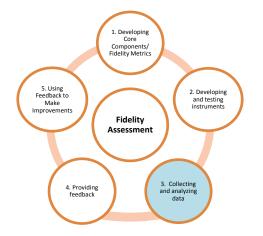
Fidelity Metric	Target	Achieved	Data Source
% of home visitors that are shadowed by supervisor and receive feedback at least twice per quarter	80%	42%	Program Records
% of supervision sessions observed: -Strengths-based -Parent-child interactions discussed -Curriculum activities discussed	Not determined in advance	100% 92% 97%	Supervision Observation Instrument



2) Develop and Test Instruments

Piloted instruments with 3 home visitors/supervisors

- Provided evaluation team with hands-on training in data collection.
- Establish high inter-rater reliability
- Build trust and rapport with staff.



3) Data Collection and Analysis

- Pre/Post Training Survey
- Home Visit Observations
- Supervision Observations
- Home Visitor Interviews
- Home Visitor Online Survey
- Case Notes Review
- Program Record Review



Home Visit Observation

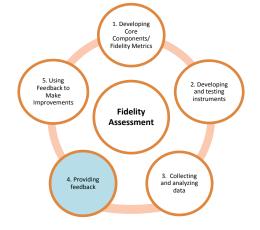
Date: Observer:	Start Time: End Time:
Supervisor:	_ FSS:
1) Length of home visit observation (in minute	es):
Level of family:	
3) Family members present during visit:	
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4) Age of target child(ren): Please check the number of times the following occurs during the observation. Check N/A if the event is not applicable to the home visit. Provide examples in the Notes column.

i die event is not applicable to die nome visit Provide examples in die rotes commin									
Observation Areas			1	2	3	4	5+	N/A	Notes:
5)	FSS checks in with parents on what happened after their last visit, goal plan, practice, etc. (i.e. Making Connections).								
6)	FSS uses the GGK/GGF manuals and modules.								
7)	FSS uses GGK/GGF manuals as a conversation guide (i.e. reads from manual).								
8)	FSS encourages engagement of appropriate parenting partners.								
9)	FSS uses GGK/GGF modules emergently based on family's needs as they arise. (Check off ways used on Q17).								

Record Review Spreadsheet

2	Name of Reviewer	Date of Review	Family Level(s) (Sept-Feb) (FSS-22)	Total Number of HV attempted, canceled, and completed (Sept-Jan) (FSS-22)	Number of Home Visits Completed (Sept-Jan) (FSS-22)	% of HVS Completion Rate			
3	Initials	MM/DD/YYYY	1, 2, 3	Number	Number	Calculated			
4	MS	2/19/2014	1	23	14	61%			
5	NH	2/19/2014	1	18	17	94%			
6	MS	2/26/2014	1	11	8	73%			
7	MS	2/26/2014	1	20	14	70%			
8	NH	2/19/2014	1	19	15	79%			
9	MS	2/19/2014	1	18	14	78%			
10	MS	2/24/2014	1	17	17	100%			
11	MS	2/26/2014	2	10	8	80%			
12	MS	2/19/2014	1	19	15	79%			
13	MS	2/24/2014	2	13	8	62%			
14	MS	2/24/2014	2	10	9	90%			
4 4	🔹 🕨 🕨 🛛 GGK Fidelity Metrics 🛴 GGK Record Review 🖉 GGK Home Visit Notes Detailed 🛒 GGK FSS-2 Contact List 🦼 HF								



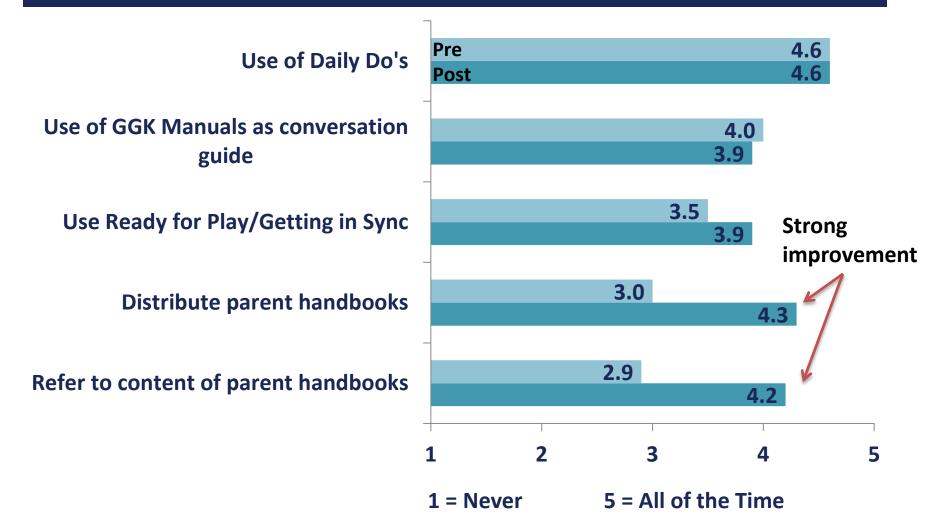
4) Feedback and Reporting

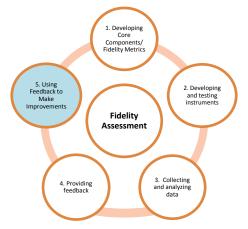
- Provided strengths-based feedback immediately following observations
- Interim and final reports
- Presented key findings to staff



• Discussed results with supervisors

Home Visitors improved or maintained use of recommended GGK practices over one year, with study





5) Using Feedback to Improve

- Better align program practices with intended curriculum model
 - Distribution of parent handbooks increased
 - Greater use of reflective supervision
 - Increased use of role play and peer-led training during team meetings
- **Decision to invest resources** in ongoing training and advanced curriculum modules

Lessons Learned in Conducting a Curriculum Implementation Assessment

- Attended training and shadowed trainers during home visits <u>before</u> developing assessment
- Importance of piloting and refining instruments and metrics
- Transparency of process with staff
- Usability of data
 - Observations were most reliable data collected
 - Case record reviews yielded missing data

Lessons learned

- Strengths-based feedback
- Be flexible with schedule changes
- Respect families observed
- Respect staff observed







Thank You!

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