Peers on the Move A survey of Peers' Training Needs

Firoozeh Taherpoor, PhD

University of Maryland, Baltimore, School of Medicine

Presented at American Evaluation Association 2019 Conference; panel titled "Adventures of an evaluator: reflections on different methods for conducting process evaluations of peer interventions in substance use treatment"

Goal

➤ Identifying PRCs' and PRC Supervisors' perspectives on the type of training needed for PRCs to be successful in their jobs

Key Questions to be addressed

- What additional training do PRCs need when they first begin working as a PRC?
- What are the current training needs of PRCs?
- What are the current training needs of PRC Supervisors?
- What suggestions do PRCs and PRC Supervisors have for future training?

Collaboration with Stakeholders from the Beginning

➤ Behavioral Health System Baltimore, Inc (BHSB)



Maryland Department of Health, Behavioral Health Administration (BHA)



Behavioral Health Administration

➤ Mosaic Group



Methods: Participants & Site Selection

- PRCs and PRC Supervisors working in 16 hospitals were chosen to participate in the project
- > The hospitals identified by the stakeholders



Collaboration with Stakeholders

Methods: Preliminary Planning

Identifying topic areas

Resources for the Ideas

Job Descriptions

SAMHSA Peer Support Roles' Outlines **SAMHSA Core Competencies**

Interpersonal & Communication Skills Questionnaires

Manual
Application of
Annual CPRS
Summit

HPSIE Report

General Training Needs Questionnaires

Methods: *Designing the survey questionnaires*

1. Writing effective questions 2. Choosing right question formats 3. Choosing right order for the questions 4. Writing introduction for encouragement and informed consent 5. Presenting survey questions in a consistent way (visual design)

Methods: Questions and Questions' formats

Part 1

Background Information

- Certified
- Length of work (as a peer/in general)
- Training received

Yes/No

2 answer choices multiple choices

Collaboration —with Stakeholders

Part 2

Initial Training Needs

- Administrative Skills
- Communication Skills
- Work-related Knowledge
- 3 most important initial training needs

- 5 point Likert scale
- 5 point Likert scale
- 5 point Likert scale
- **Open-ended question**

Part 3

Current Training NeedS

- Administrative Skills
- Communication skills
- Work-related knowledge
- 3 most important current training needs
- PRC Supervisor's training needs
- Comments/Suggestions

5 point Likert scale

5 point Likert scale

5 point Likert scale

Open-ended question

Open-ended Question

Open-ended question

Methods: Participant Recruitment and Data Collection

- Introductory email sent by Mosaic
- Survey sent via SurveyMonkey
- Reminders sent via emails using weblink by SEC
- Reminder sent via email using Weblink by Mosaic
- Data collection lasted for six weeks



Methods: Analyzing the Data

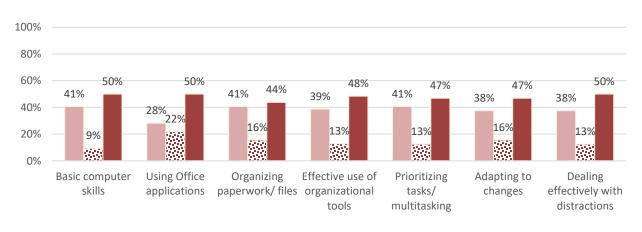
Filtering the results based on the goals **Cross-examine the data** Coding open-ended responses **Draw conclusions**

Methods: *Analyzing the data* (*Examples*)

Table 3 Trainings Received (choose all that apply)		
	% (n)	
Recovery Coach Academy (Connecticut Community for Addiction Recovery (CCAR)	89% (33)	
Mosaic Group: Certified Peer Specialist Training	73% (27)	
Mental Health First Aid (MHFA)	27% (10)	
Wellness Recovery Action Plan (WRAP) Basic Class	19% (7)	
Domain Specific Trainings (Offered by the State of Maryland)	16% (6)	
Note: Total respondents = 37; The total exceeds 37 and the sum of the percentages is greater than 100% because respondents could endorse more than one training.		

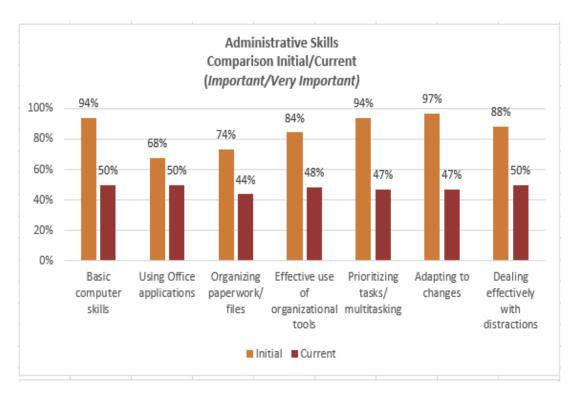
Filtering the results based on the goals

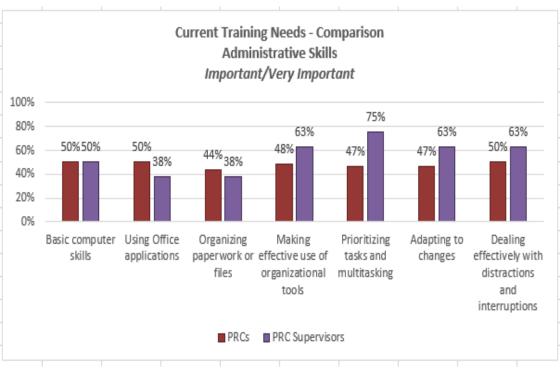
Current Training Needs Administrative Skills



Methods: *Analyzing the data* (*Examples*)

Cross-examine the data





Methods: *Analyzing the data (an Example)*

Current 3 Most Important Training Needs		
Themes	New?	
Knowledge	new	mental health first-aid
Knowledge		Resourses
Admin		Time Managerment
Knowledge		ETHICS
Knowledge	new	Learning how to be certified.
Knowledge		Trauma informed care
Knowledge		Effective cannabis treatment p
Knowledge		Resources
Knowledge	new	WRAP
Knowledge		Medical terminology
Knowledge		trauma informed cre
Admin		excel microsoft
Knowledge	new	Peer Certification
Knowledge		Trauma-informed care
?Know	new	How to approach someone wit
Admin		prioritizing
Admin		How to prioritize certain multi-
Knowledge		understanding Emergency dep
Knowledge		Knowledge of Community Trea
Knowledge		Resources
Knowledge		protocols and procedures
Communica	tion	networking with community re

Coding open-ended responses

Table 9 Themes identified by PRCs	as Current Training Needs	
Administrative Skills	Office applications, such as Excel (3) Prioritizing tasks/multitasking/time-management (3) Basic computer skills (1) Using organizational tools (1)	
Communication Skills	Networking with community resources (2) Oral communication skills (2)	
Work-related Knowledge	 Knowledge of community treatment resources (13) Knowledge of trauma-informed care (10) Knowledge of medical and hospital terminology (8) Knowledge of medication assisted treatment (5) Knowledge of insurance & relationship to treatment access (5) Self-care (3) Understanding boundaries and professional ethics (3) Understanding of ED protocols and procedures (2) Documentation in EMR (1) Coordinating care with other hospitals services and resources (1) 	
New Themes	 Knowledge of mental health and Mental Health First Aid (6) Learning about peer certification and what happens after that (6) WRAP training (4) Understanding other team members including social workers' responsibilities (4) Current information regarding substances that are being used (1) Understanding how certain forms of care can affect patients (1) CEUs (1) CPR (1) 	

Methods: *Analyzing the data*

Draw conclusions

- > Sharing beyond percentages and data breakouts
- ➤ Shedding light on the comparisons
- Considering limitations

Presenting Results & Writing Reports

Main Report

- ➤ Background
- ➤ Results
- ➤ Summary & Discussion

Technical Report

- ➤ Background
- > Methods
- ➤ Results
- > Appendices

Executive Summary

➤ One page summary





- ✓ Utilizing all available means for increasing response rate, such as:
 - Simplifying the survey instrument
 - Sending frequent reminders
 - Involving different stakeholders in the outreach efforts more
- ✓ Adaptability
 - Staying calm when expectations shift suddenly
 - Being more flexible in changing course of the project
- ✓ Preview carefully before sending
 - Populating items on the survey platform cautiously, and check (and re-check!)