Contributions to **Policy** Implémentation **Evaluation to Lead** and Renew Practice

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Sociocultural Determinants of Concussion Policy Implementation in Virginia Public Schools





Esther C. Nolton, MEd, LAT, ATC, CSCS¹ Shane V. Caswell, PhD, LAT, ATC, CSCS¹

VCI Team: Resch JE², Kerr ZY³, Broshek DK², Brenner JS⁴, Reynolds JD⁵, Como-Lesko N⁴, Ambegaonkar JP¹, Cortes N¹, Caswell A¹

¹George Mason University; ²University of Virginia; ³University of North Carolina at Chapel Hill; ⁴Children's Hospital of the King's Daughters; ⁵Fairfax County Public Schools

Disclosure Statement



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Our Interdisciplinary Team





ENGAGE • INSPIRE • THRIVE



George Mason University

Shane Caswell, PhD, ATC, CSCS
Esther Nolton, MEd, LAT, ATC, CSCS
Jatin Ambegaonkar, PhD, ATC, CSCS
Nelson Cortes, PhD
Amanda Caswell, PhD, ATC

Children's Hospital of the King's Daughters

Nancy Como-Lesko, PhD Joel Brenner, MD

Fairfax County Public Schools

John Reynolds, MS, ATC

University of Virginia

Donna Broshek, PhD, ABPP-CN Jacob Resch, PhD, ATC

University of North Carolina at Chapel Hill

Zachary Kerr, PhD

Virginia Department of Health

Lisa Wooten







Agenda



- Background
- Methods & Findings
 - Cluster Analysis
 - Policy Content Analysis
 - Stakeholder Interviews
- Recommendations & Conclusions

Concussions

Concussions are an established
 public health concern

- Incidence rates
- Long-term outcomes
- Position statements
- Media
- Medical best practices dictate standard
 - Theory ahead of practice
 - Policy aligns practice to theory



School Health Policy



- 6. Budget Amendment Necessary: No. 2010 SESSION
- 7. Fiscal Impact Estimates: Final. See Item 8.

1. 7

Fiscal Implications: There is no anticipated state fiscal impact from the potential fiscal impact to local school division

Virginia Board of Education Guidelines For Policies on Concussions in Students

Senate Bill 652, the 2010 General Assembly Code of Virginia § 22.1-271.5

House Bill 410 & Senate Bill 172, the 2014 General Assembly Code of Virginia § 22.1-271.5

> House Bill 1096, the 2014 General Assembly Code of Virginia § 22.1-271.6

> > and

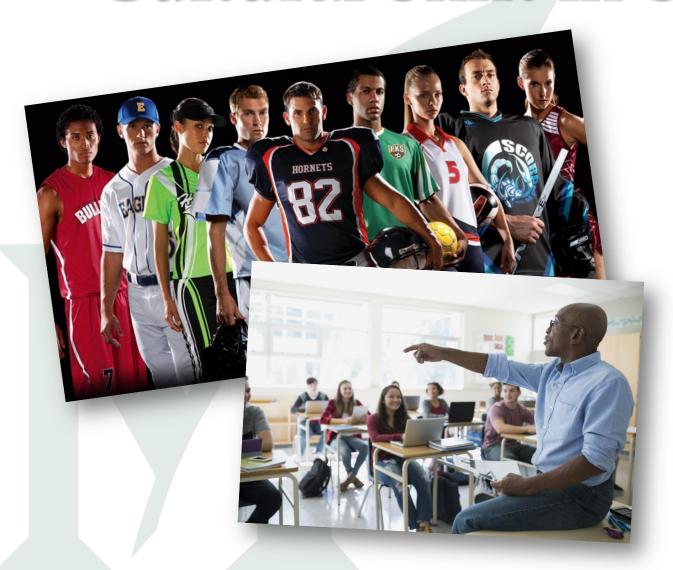
House Bill 954, the 2016 General Assembly Code of Virginia §§ 22.1-271.5 and 22.1-271.6

- 2010 all states and DC passed laws on injury management
- Unfunded mandate
- Medical clearance required to return to participation
- Amendments in **2014** & **2016**

activity for student compliance with such policies.

Cultural Shift in Schools

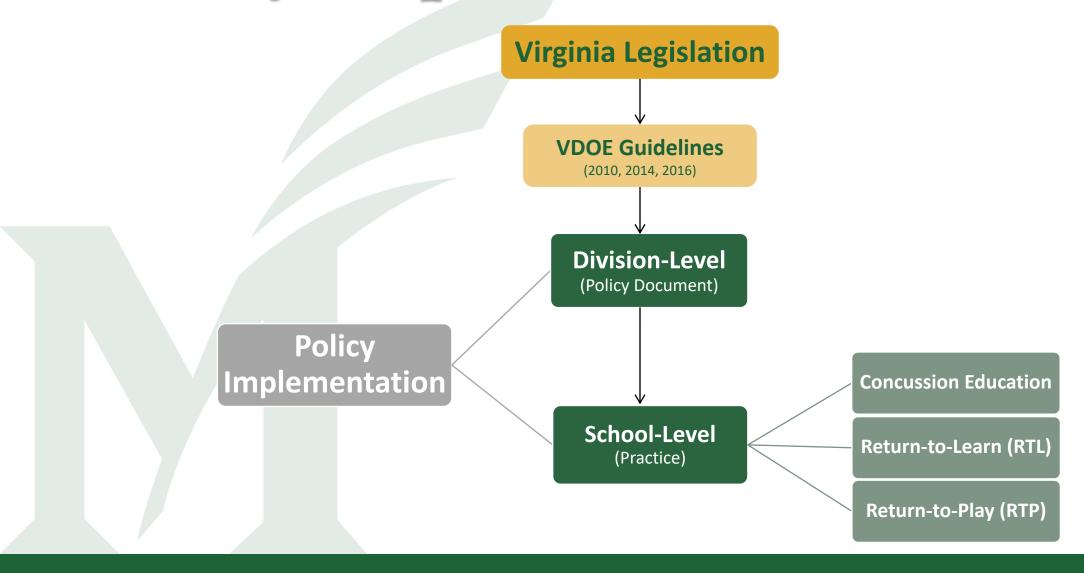




- Concussions can happen:
 - Anyone
 - Anywhere
 - Anytime
- School environment and demands not ideal for recovery
- Impact on academic achievement

Policy Implementation





Key Internal Stakeholders



End-users of the Protocol

Consi

(e.g. students and parents)

Practitione

Deliverers of the Protocol

(e.g. LHCPs, teachers, coaches)

Facilitators

Supporters of the Protocol

(e.g. administrators, counselors, secondary LHCP)

Coordinators

Managers of the Protocol

(e.g. primary LHCP, athletic director, principal)

Virginia Demographics



VDOE categorizes state into 8 regions:

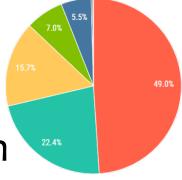
• 131 schools divisions (counties/cities)

• 316 public high schools



Economic and Cultural Diversity in Virginia

- Median household income = \$61,782, despite wealthy Northern VA (\$104,350)
- Difficult to standardize policy implementation



Local Access and Ability



 Explore association between quality of policy implementation, concussion management practices,

and social determinants of health

Category	State Average
CIS	0.3867
ADM	908
F/R%	44%

- Measures of Local Ability-to-Pay
 - Composite Index Score (CIS)
 - Free and Reduced Lunch Percentages (F/R%)

Cluster Analysis

- S M A R T

 SPORTS MEDICINE ASSESSMENT RESEARCH & TESTING

 LAB
- K-means Clustering method to explore division clusters
 - Composite Index Score (CIS)
 - Free and Reduced Lunch Percentage (F/R%)
 - Average daily membership (ADM) of schools
- Pearson's product-moment correlation coefficient between CIS and F/R% is r = -0.266 (p = 0.002)

Category	Division Count	School Count	S:D Ratio	Average CIS	ADM	F/R%
High	22	68	3.09	0.6881	1000	35.0%
Moderate	72	176	2.44	0.3366	953	35.7%
Low	37	69	1.86	0.3051	768	65.5%

Policy Content Analysis



Rubric Development

- Aligned with VDOE guidelines
- Five domains emerged
- 54 total possible points

Content Analysis

- Publicly available via school board documents
- Assess quality of division policy documents

DOMAIN 2: CONC

Annual review

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Concussion: a brain injury that is characterized by an onset of impairment of cognitive and/or physical functioning, and is caused by a blow to the head, face or neck, or a blow to the body that causes a sudden jarring of the head (i.e., a helmet to the head, being knocked to the ground). A concussion can occur with or without a loss of consciousness, and proper management is essential to the immediate safety and long-term future of the injured individual.

Licensed Health Care Provider: a physician, physician assistant, osteopath or athletic trainer licensed by the Virginia Board of Medicine; a neuropsychologist licensed by the Board of Psychology; or a nurse practitioner licensed by the Virginia State Board of Nursing.

Return-to-Learn: instructional modifications that support a controlled, progressive increase in cognitive activities while the student recovers from a brain injury allowing the student-athlete to participate in classroom activities and learn without worsening symptoms and potentially delaying healing.

Return-to-Play: to participate in a nonmedically supervised practice, game, or athletic competition.

I. Bath County Public Schools Concussion Management Team

a. The Bath County Public Schools Concussion Management Team ("CMT") shall be appointed by the superintendent and shall consist of a school administrator, an athletic administrator, a licensed health care provider, a coach, a parent or guardian of a studentathlete, a student-athlete and any such other person or_persons the superintendent

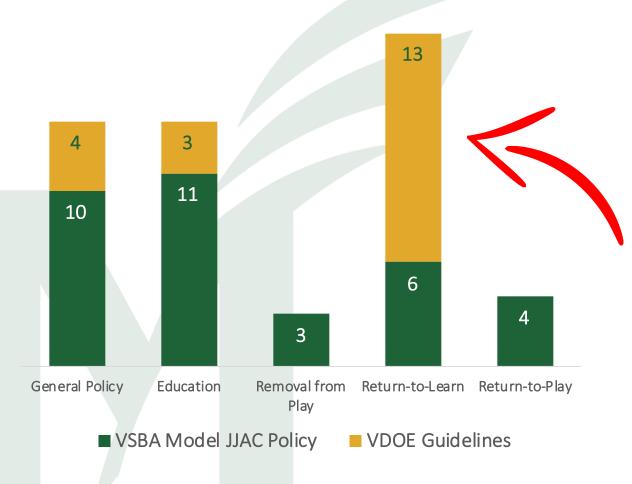
(Dickinson & Adams, 2017)

athletes

File: JJAC

Model JJAC Policy





Originally created by VSBA in response to
2010 bill

 Title and content not revised to keep pace with amendments

Stakeholder Interviews



- 67 participants
- Stratified by cluster, region, and urbanicity
- Identify locals barriers and facilitators

	+ Rost Practices in Vi	rginia Schools	LAF
Interview Guide Title: Evaluation of the Implementation of	Concussion Management Best Practices in Vi	35	
Date:	Start 11111		
Facilitator:	Length:		
Digital File No.:			
	Interview Guide Title: Evaluation of the Impless	-tand how	
Introduction: "Thank you for agreeing to speak: concussions are being managed in schools from being any to fully in participate in an interview becaus This is the first step in our two- is important to you. Your resp! concussion policy implements This interview will last appro- compensated \$50 for your	a. How might this differ for those who do not (i.e. no. 2. If a student sustains a concussion a. What is your role in the consumer of the control of the con	or students who participate in scholars or students who participate in scholars on-interscholastic youth sports progra to how is the injury typically managed oncussion management process? and equipped about current best prac	your role in that mod-
completion of the sortial Partial participation, for a	a. Is there a point person to en b. Is this position division-wide 5. Are you aware of concussion manage Education? 6. Describe how concussion education is a. Is it division-wide? What method is your school current	Isure fidelity?	

What method is your school currently using to track internal and external completion of

Do you feel like your concussion management team has adequate support from your school

Do you feel like there are adequate and appropriate resources within the local community to support concussion management that are available and accessible to your students?

Emerging Themes

"It's just a little too much to have the athletic trainer managing the non-athletes in addition to the athletes because I'm one person, you know."



Adequacy of Resources

Advisory and Management Infrastructure

Balancing Practitioner Burden

Culturally-Responsive Education

Available and Appropriate Community Resources

"There's a local orthopedics group, and when I say local that's about **an hour drive away** for us into Tennessee."

Culture & Motivation

Best & Standard Practices

Privileging Scholastic Athletes

Establishment and Refinement of Protocols

Public Health Priority

Student Reporting Motivation

Shared Community Risks

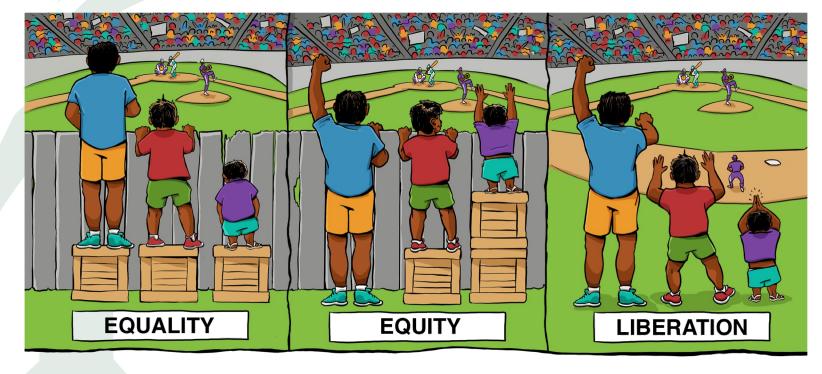
Socioeconomic Burden

Recreational Athletes: The Orphaned Cases

Communication and Collaboration

"My biggest problems end up being lack of communication or ignorance of communication." "...kids who won't seek care because either they or their parents are not properly documented, and they're terrified that they'll get deported or their family will get broken up...of those who would like to seek care, they can't always afford it, they don't always have health insurance, they don't always have healthcare."





Recommendations

- Identify of all the implementation actors and factors
 - Health policy in education setting
 - Actors internal and external to school with differing capacity
- Engage stakeholders early and often
 - Many actors voluntold to implement

 burden or disenfranchisement
- Define **scope** (limits) of implementation
 - Cases that are exempt or have special conditions

Conclusions

S M A R T.

SPORTS MEDICINE ASSESSMENT RESEARCH & TESTING

LAB

- Concussions are equally prevalent, resources for recovery are not
- Policy implementation is not about implementation
- Findings advocate for equitable solutions to improve concussion management



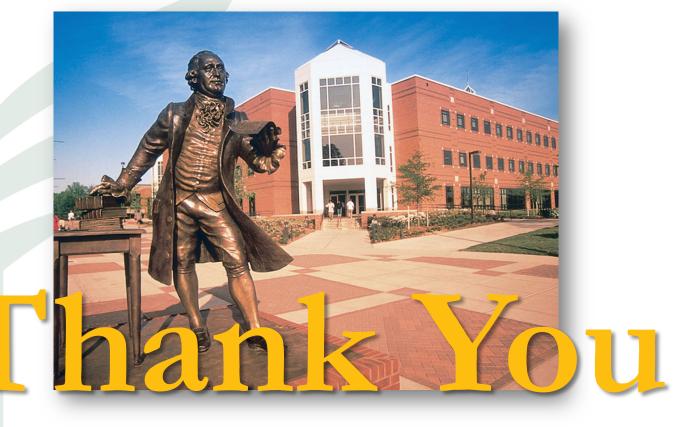
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echou@gmu.edu

Beyond the Win: Policy Implementation and its Advocacy

Albertina (Aly) Lopez, PhD
American Evaluation Association Conference
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CENTER FOR **EVALUATION** INNOVATION



When an initiative or strategy is focused on people who have been historically excluded from decision making, we need to evaluate the extent to which advocacy and policy implementation build power.

HOW DID WE COME TO THIS CONCLUSION?

The California Endowment's Building Healthy Communities initiative is place-based and driving toward health and power.



BUILDING VOICE AND
POWER FOR A HEALTHY
AND INCLUSIVE
CALIFORNIA



PREVENTION



HEALTH HAPPENS IN SCHOOLS



HEALTH HAPPENS IN NEIGHBORHOODS

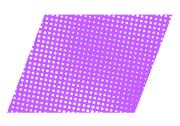
BHC contributed to over 1,000 policy wins and they wanted to know what happened after a win.



So, we designed our study to evaluate policy implementation and its advocacy.



What happened after policy/systems change wins?



How have policy advocacy efforts focused on implementation?



To what extent and how did BHC advocacy contribute to policy change?

While we planned, we observed TCE increasing their interest and knowledge about power to inform their future work.

We transitioned our work with TCE to focus on power.

Old

- What happened after policy/systems change wins?
- 2. How have policy advocacy efforts focused on implementation?
- 3. To what extent and how did BHC advocacy contribute to policy change?

New

- 1. How is power built through policy advocacy efforts?
- 2. How were systems held accountable after policy wins?
- 3. How does the policy advocacy process continue to build power after a win?

HOW ARE WE CENTERING POWER IN OUR EVALUATION?

We are using a power framework* to evaluate BHC.

The shifts that happened on multiple levels as a result of exercising and having power.

Expanding Power

Building Power

The capacity of the ecosystem of power building organizations, individuals, networks, and resources.





The impact on policy and practice, elections/ballot measures, narrative change, and ultimately community impact.

Having Power



Exercising Power

The application of the power ecosystem's capacities for community change, policy change, systems change, narrative change, policy implementation and accountability, electoral action and/or governing.

*This framework was developed based on work by Strategic Concepts in Organizing and Policy Education (SCOPE), USC's Program for Environmental and Regional Equity (PERE), and Gigi Barsoum.



Our focus is on advocacy leading up to and following a win.

How does advocacy continue to build power and what already has been accomplished?

Expanding Power

Building Power

How was power built for policy advocacy?



Having Power Exercising Power How do advocacy strategies center the community's power in ways that are durable and continue to build power?

What was achieved and was it the community's goal?

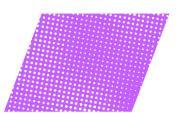
How does the win advance equity?



HOW CAN WE USE THE POWER FRAMEWORK TO IMPLEMENT OUR EVALUATION?

We will use the power framework to evaluate 10 policy wins in our comparative case study.







Hypotheses and Assumptions

Data Collection and Analysis

Reporting



The power building framework helps us conceptualize the evaluation to understand value added to people who have been historically excluded from decision making.

Reflections on Policy Implementation Evaluation

Sarah Stachowiak





Beyond the Win: Pathways for Policy Implementation



It is unique.

It's not a pivot.

We should focus more on race, equity, and power.

Thank you! Q&A

Esther Nolton, Research Analyst, 2M Research

echou@gmu.edu

Albertina (Aly) Lopez, Senior Associate, Center for Evaluation Innovation alopez@evaluation innovation.org

Sarah Stachowiak,, CEO, ORS Impact sstachowiak@orsimpact.com

Julia Coffman, Director, Center for Evaluation Innovation

jcoffman@evaluationinnovation.org

