



# Evaluating guidelines produced for multi-site or multi-level programs

Stephanie Herbers  
Nicole Kuiper  
Martha Engstrom



# Acknowledgements

- WUSTL CTPR

- Douglas Luke
- Jill Kuhlberg
- Laura Bach

- CDC OSH

- Gloria Bryan
- State Project Officers

- Advisory Group for Evaluation Plan:

- Larry Elmore, Lois Keithly, Laura Feldman, Meg Riordan, Frank Chaloupka

# Presentation Overview



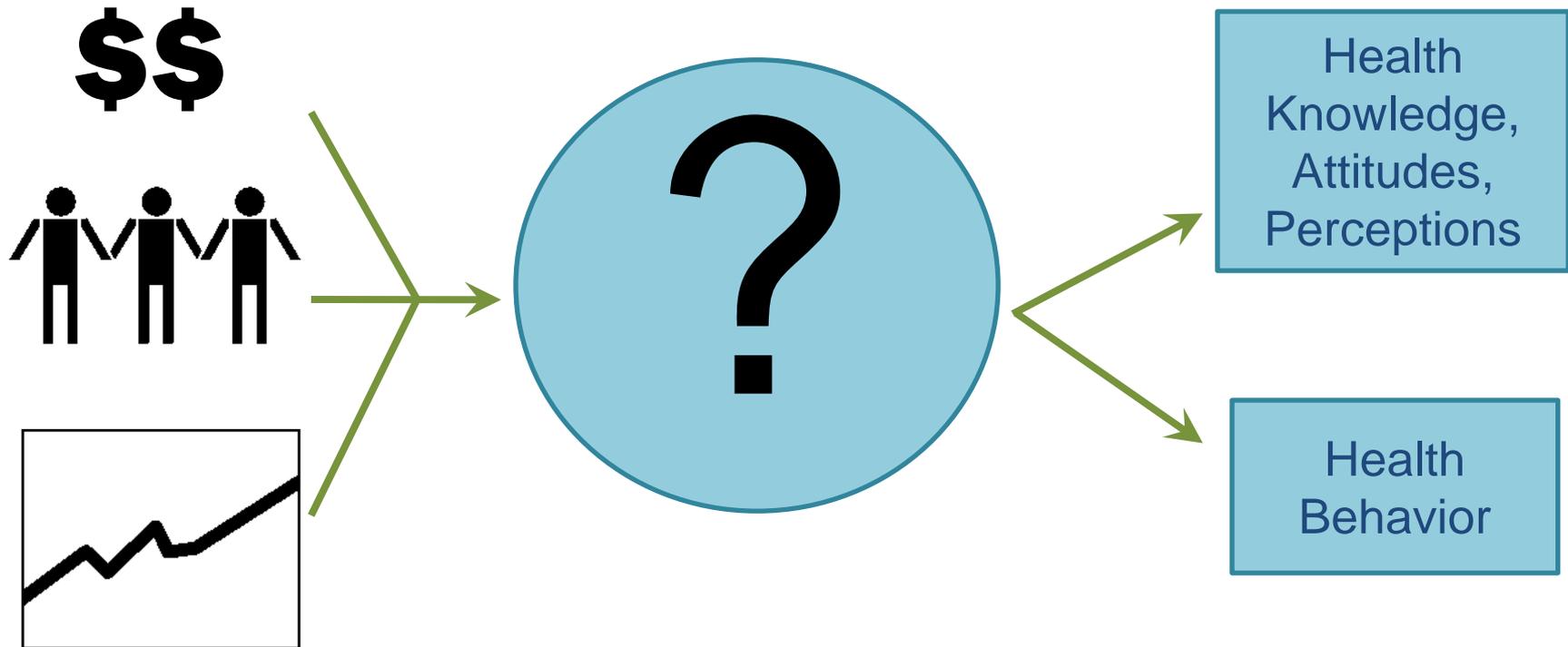
- Background
- Methods
- Findings
- Conclusions

# Evaluation Work with CDC

## Inputs

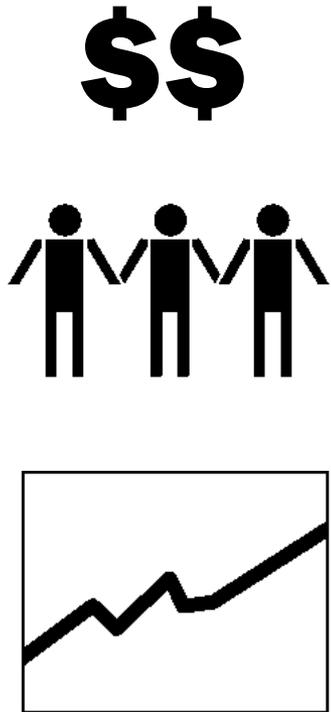
## Structures & Processes

## Health Outcomes



# Evaluation Work with CDC

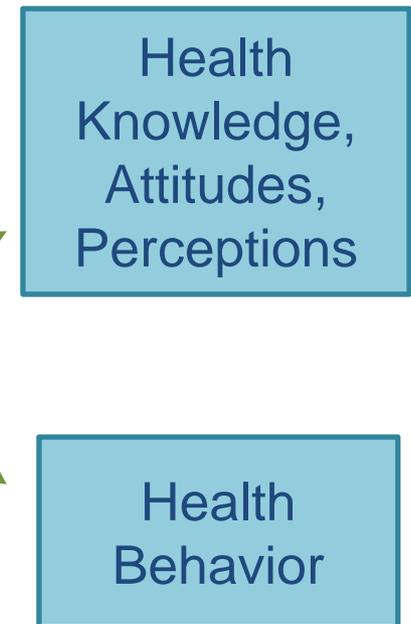
## Inputs



## Structures & Processes



## Health Outcomes





# Project History

- In 2001, CTPR conducted evaluation of how states were implementing the original 1999 *Best Practices for Comprehensive Tobacco Control Programs*
- Evaluation results and current research were used to inform development of the 2007 *Best Practices* update
  - Revisions and recommendations were evaluated to assess satisfaction in this evaluation



# Development of Current Project

- Need for evaluation of new *Best Practices*, including changes made from the 1999 version
- Acknowledgment that *Best Practices* was only one of many evidence-based guidelines for tobacco control
- Development of evaluation informed by input from advisory board and CDC OSH

# Evaluation: Dissemination & Implementation of Evidence-based Guidelines





# Evaluation goals

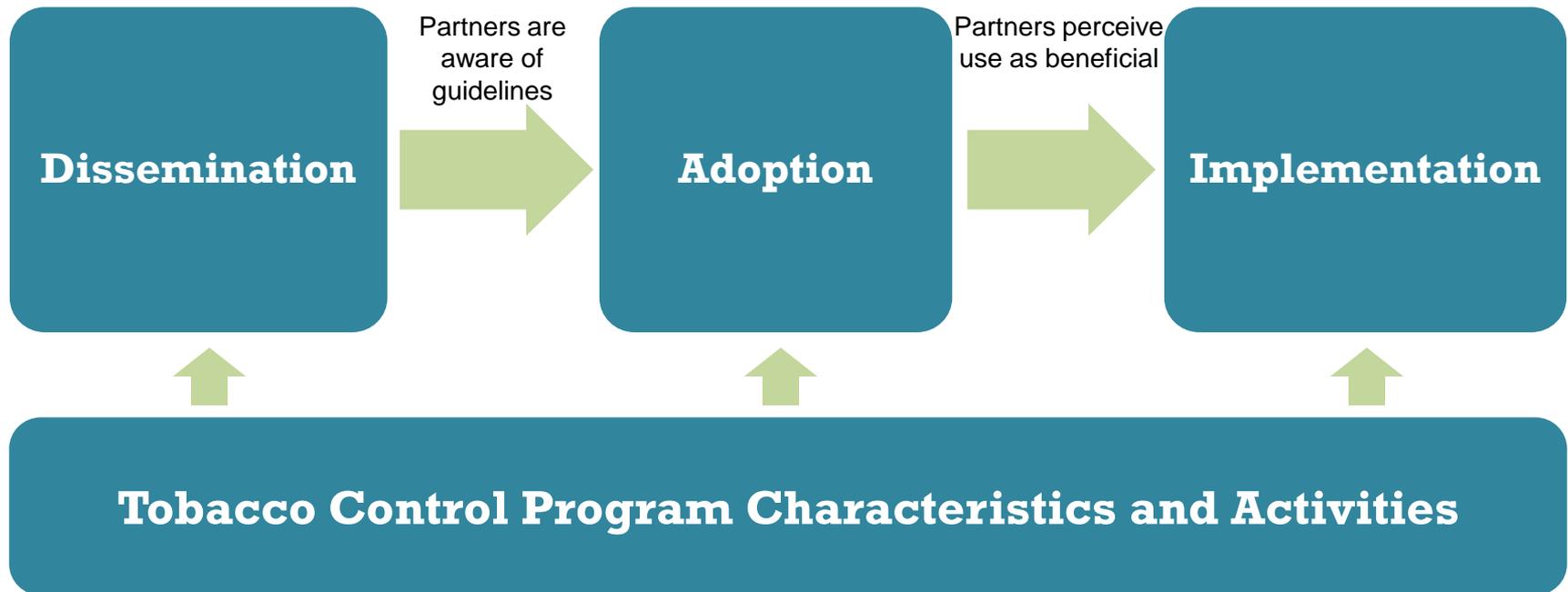
- Learn how the changes to *Best Practices* were received by states
- Understand awareness and utilization of other guidelines
- Investigate what influences dissemination, adoption, and implementation of guidelines
- Use results to inform future product development, trainings, and technical assistance

# Presentation Overview



- Background
- **Methods**
- Findings
- Conclusions

# Evaluation framework

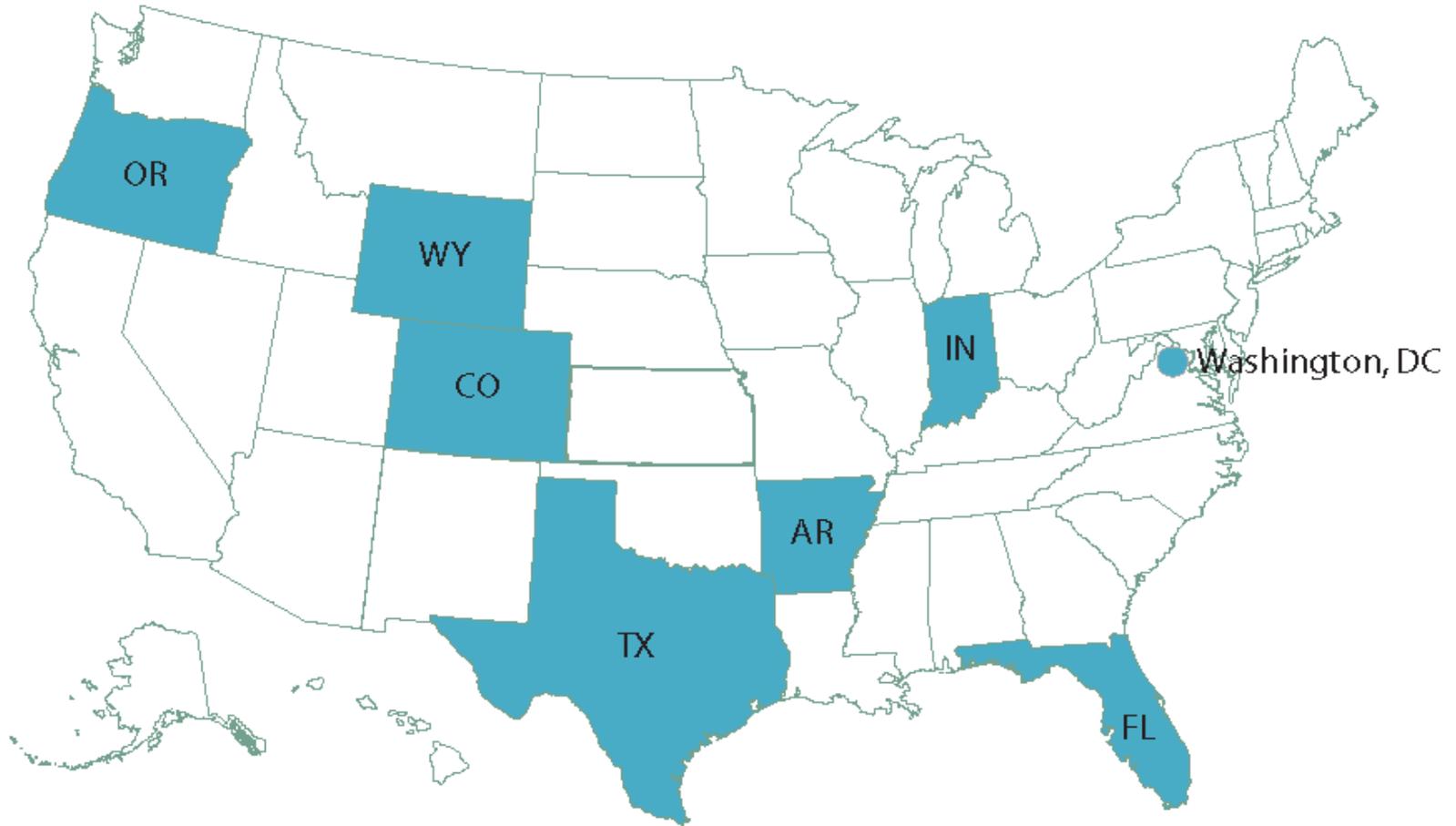




# Site Selection

- Selection based on a number of program-related factors, including:
  - Structure of program
  - Evidence of *Best Practices* use
  - Existing evaluation work
  - Funding level
- Goal was to represent a variety of state tobacco control programs
  - Evaluation use was prioritized over generalizability concerns (limitation of findings)

# Selected Sites



# How Did the Sites Differ?

State	% of funding meeting CDC recommendations	State cigarette tax rank	BP Perspective	Lead agency
Texas	4.3%	24th	Substance abuse	DOH (substance abuse)
Washington, D.C.	8.1%	9th	Not a state	DOH
Indiana	13.7%	31st	Outside of DOH	ITPC
Oregon	15.3%	28th	Strong EBP	DHS
Colorado	20.4%	34th	Integration	CDPHE
Florida	31.2%	26th	Mandates	DOH
Arkansas	51.4%	29th	Strategic planning	DOH
Wyoming	53.3%	40th	Rural	DOH (substance abuse)



# Selection of Participants

- Modified snow-ball sampling
- Began with lead agency
- Completed a partner identification form
  - Allowed us to examine differences by type of agency
- Final list of partners was considered a representative sample of program

In order to get an accurate picture of the tobacco control program, we hope to talk to a number of key partners from your state. For each category below, identify any agency or individual who is a significant partner in your state's tobacco control efforts. Partners can include those present all of the time, or those you call on periodically for strategic issues.

When thinking of partners use the definitions given after each of the six categories to sort them accordingly. Don't worry if you have trouble sorting- it is more important to have a partner included somewhere than it is to have them "correctly" sorted.

Name of Individual	Organization Represented	Title	Phone #	Email
--------------------	--------------------------	-------	---------	-------

**Lead Agency:** Responsible for the coordination and implementation of the program.

**Contractors & Grantees:** Agencies that have been contracted by the lead agency to implement tobacco control activities, provide a service, conduct program evaluation, or other related tasks.

**Coalitions:** A group of individuals representing two or more organizations working together to address an issue such as tobacco use which they couldn't address adequately on their own.

**Voluntaries & Advocacy Groups:** Agencies that provide programs/activities to the state, but are not contractors or grantees (e.g., American Lung Association)

# Participant Characteristics

- From the 8 sites:



**176 partners participated**



**With an average of 7 years experience**

Ranged from <1 year to 20+ years



**Representing about 17 agencies per state**



# Data Collection

- In-depth, semi-structured interviews
- Mix of quantitative and qualitative questions
- Question topics included:
  - Decision-making factors
  - Evidence-based guidelines
    - Definition, Awareness, Use
  - Resources needed

# Presentation Overview



- Background
- Methods
- Findings
- Conclusions

## Evaluation Findings

- Dissemination
- Adoption
- Implementation
- Facilitators & Barriers

## Evaluation Findings

- Dissemination
- Adoption
- Implementation
- Facilitators & Barriers

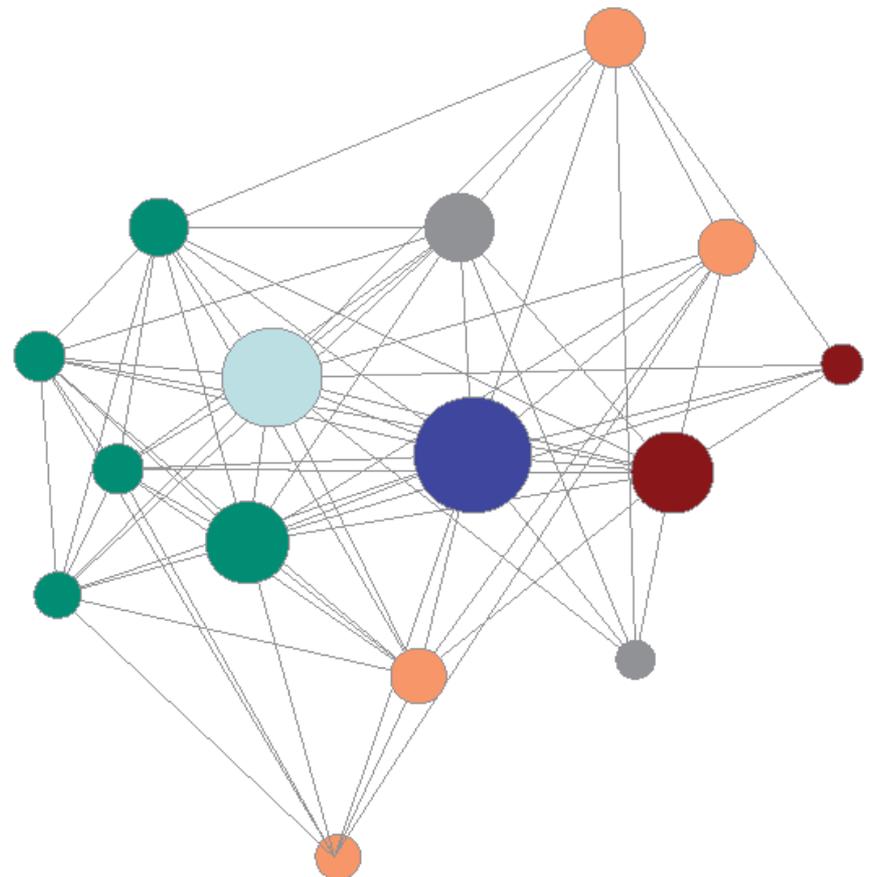


# How did partners learn about guidelines?

- The lead agency, specifically the program manager, was the first to learn of new guidelines
- Dissemination occurred via:
  - E-mail and listserves
  - Discussions at staff meetings
  - Hard copy distribution

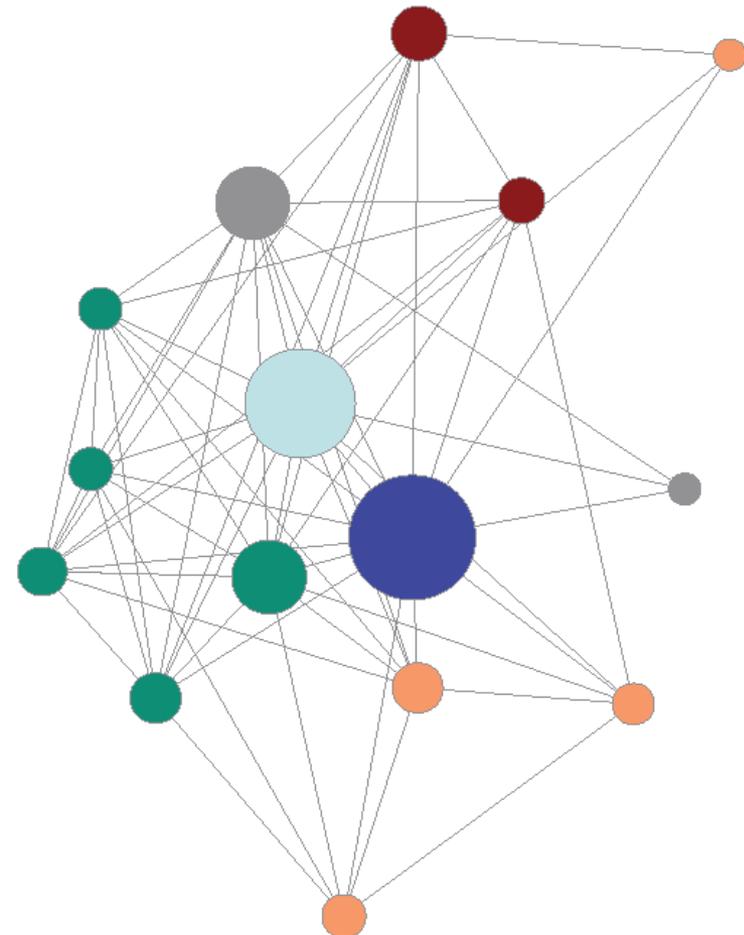
# How did partners learn about guidelines?

Contact



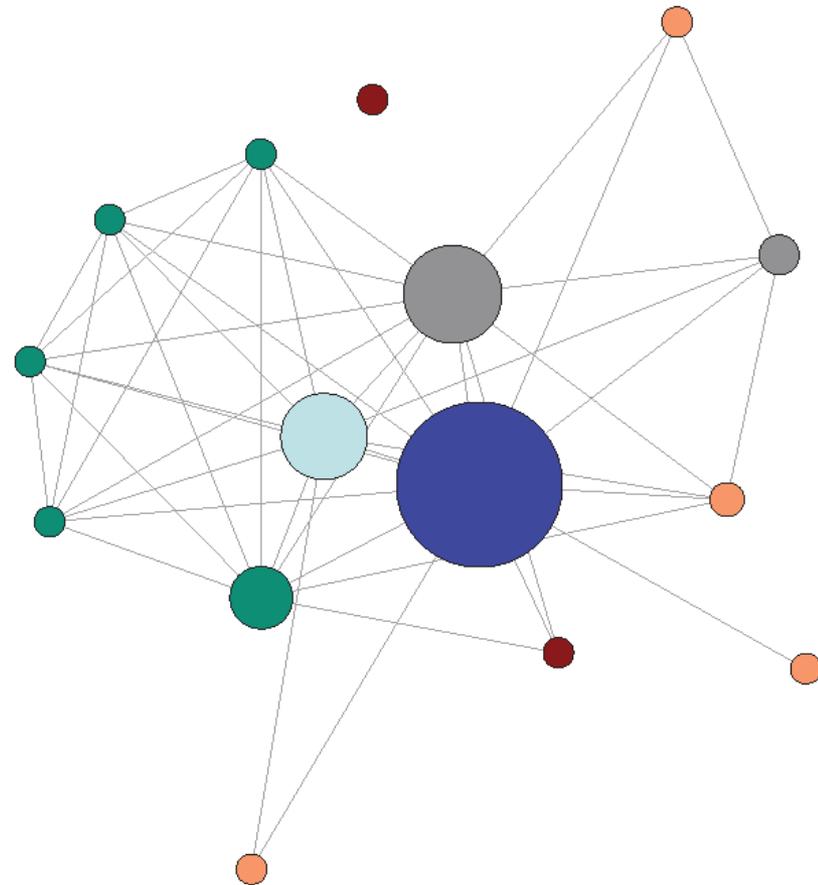
# How did partners learn about guidelines?

Collaboration



# How did partners learn about guidelines?

## Dissemination



# What guidelines were partners aware of?



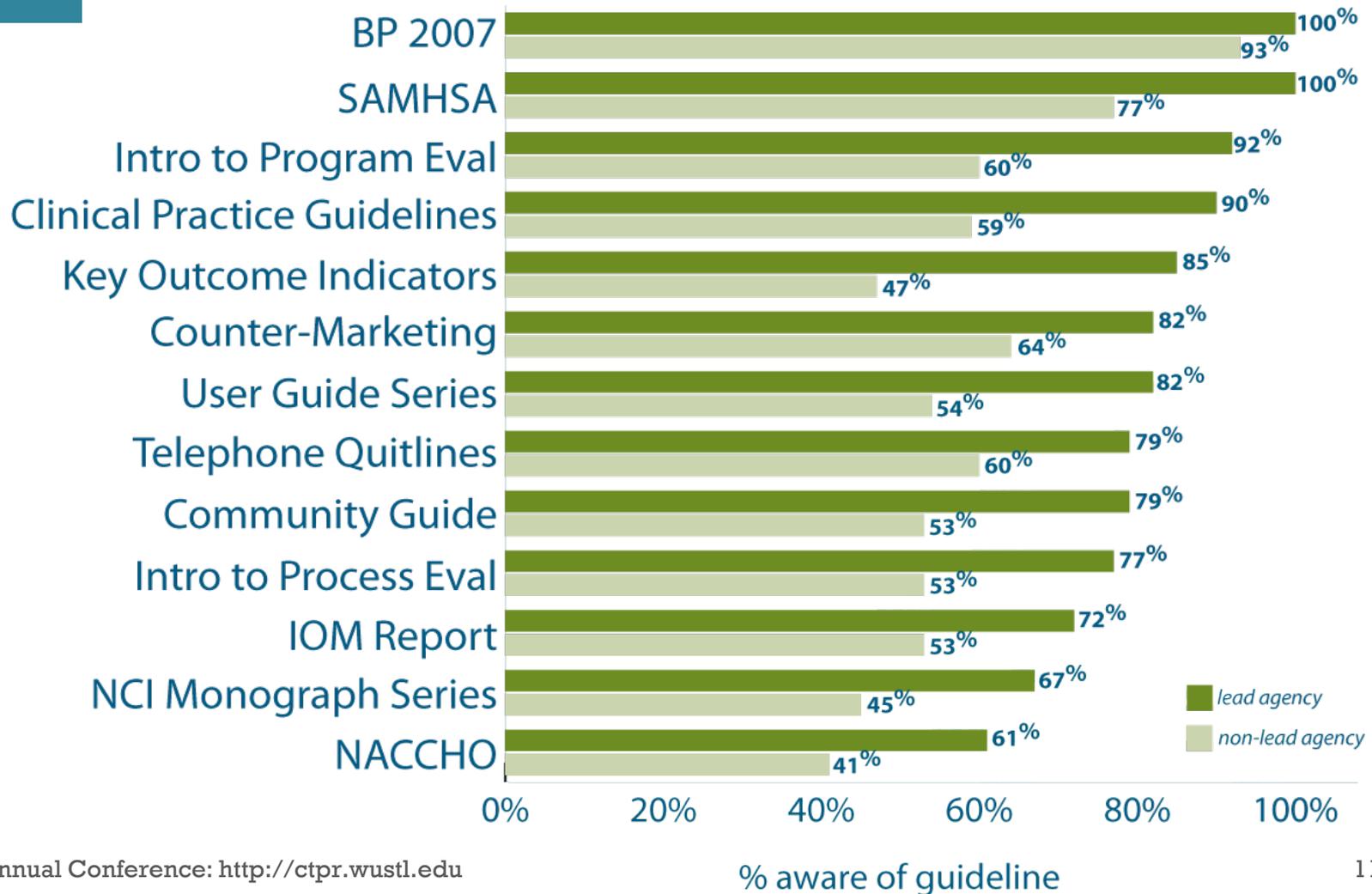
# Guideline awareness (across states)

Guideline	State 1
BP 2007	<b>100%</b>
NCI Monograph Series	<b>80%</b>
Community Guide	<b>75%</b>
Counter-Marketing	<b>75%</b>
NACCHO	<b>75%</b>
IOM Report	<b>70%</b>
Telephone Quitlines	<b>70%</b>
Intro to Program Eval	<b>65%</b>
Clinical Practice Guidelines	<b>65%</b>
User Guide Series	<b>55%</b>
Key Outcome Indicators	<b>50%</b>
Intro to Process Eval	<b>45%</b>

Guideline	State 2
BP 2007	<b>91%</b>
User Guide Series	<b>78%</b>
Intro to Program Eval	<b>56%</b>
Counter-Marketing	<b>56%</b>
Intro to Process Eval	<b>47%</b>
Clinical Practice Guidelines	<b>43%</b>
Telephone Quitlines	<b>43%</b>
IOM Report	<b>39%</b>
Key Outcome Indicators	<b>39%</b>
NACCHO	<b>34%</b>
Community Guide	<b>26%</b>
NCI Mongraph Series	<b>17%</b>

# Guideline awareness

(lead agency vs. other partners)



## Evaluation Findings

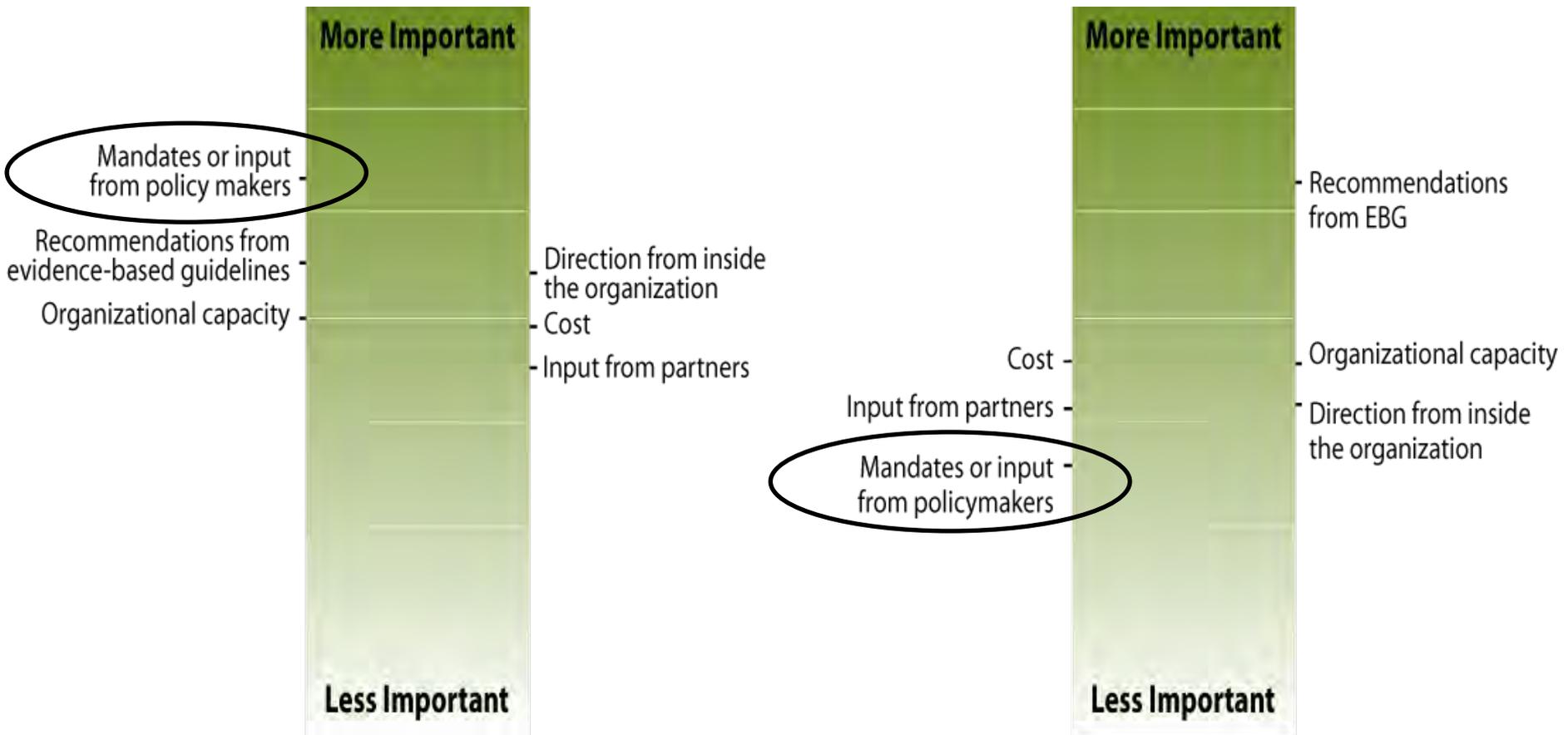
- Dissemination
- **Adoption**
- Implementation
- Facilitators & Barriers

# What influenced partners' decisions?

Decision-Making Factor	Mean	Range Across States
Recommendations from evidence-based guidelines	2.39	1.76 - 3.52
Direction from inside the organization	3.55	3.22 - 4.25
Mandates or input from policymakers	3.77	2.48 - 4.93
Input from partners	3.95	3.56 - 4.35
Organizational capacity	4.0	3.39 - 4.75
Cost	4.14	3.30 - 4.70

1=Most Important, 7=Least Important

# What influenced partners' decisions?



## Evaluation Findings

- Dissemination
- Adoption
- **Implementation**
- Facilitators & Barriers



# What were the common uses of guidelines?

- Program and strategic planning
- General reference
- Education, training, and technical assistance
- Communicating with policymakers
  - Education and advocacy



# What resources were needed?

- Additional trainings & technical assistance
- More materials and in a timely manner
- Better communication
- More assistance for populations with tobacco-related disparities
- Guidance on how to allocate limited funding

## Evaluation Findings

- Dissemination
- Adoption
- Implementation
- **Facilitators & Barriers**

# Facilitators & Barriers

## Facilitators

- Distribution of EBGs by lead agency
- Promotion through trainings and conferences

- EBGs provide effective strategies and credibility to states' approaches
- Use encouraged by organization leadership
- EBGs promote consistency of efforts across the country if followed

- Can use EBGs to defend efforts and funding to policymakers
- EBGs provide framework for efforts
- EBGs help prioritize efforts

## Dissemination



## Adoption



## Implementation

## Barriers

- Slow translation of research into guidelines
- Limited access to common dissemination modes (e.g., conferences)

- EBG recommendations conflict with traditional practices
- EBGs perceived as inapplicable to context
- Over-abundance of guidelines

- Guideline comprehension
- Bureaucratic barriers
- Funding constraints
- Unsupportive political climate
- Lack of guidance on "real world" applications & strategies for addressing disparities

# Presentation Overview



- Background
- Methods
- Findings
- Conclusions



# Dissemination of findings

- Reports

- Individual state profiles
- Overall findings to CDC

- In-progress Papers

- Overall findings, highlighting facilitators and barriers to use
- Guidelines awareness and influence of state network structures

- Presentations



# Key Points for Multi-site/ Multi-level Evaluations

- Understand the programs and context in which you are evaluating
  - Or work with people that do
- External validity needs are critical to deciding on sites
  - Influences selection criteria
- Aim for good representation in participant selection



# Key Points for Multi-site/ Multi-level Evaluations

- Be aware of changes during course of data collection (e.g., guideline release, policy context)
- Ensure data collection and management allows for assessment of role influence
  - Role of participant can be critical for interpretation and recommendations
- Feedback and interpretation of initial findings from stakeholders is helpful
  - Can guide final analyses and recommendations



Questions?



# Contact information

***Stephanie Herbers, MPH, MSW***

Center for Tobacco Policy Research  
George Warren Brown School of Social Work  
Washington University

<http://ctpr.wustl.edu>

State profiles can be accessed via CTPR website.

Webinar on evaluation findings can be accessed at:  
[http://www.ttac.org/resources/cdc\\_netConferences.html](http://www.ttac.org/resources/cdc_netConferences.html)