



#### **Roberto Marinho Foundation**

- Non-governmental organization founded in 1977 in Brazil
- A partnership-based organization: governments, NGOs and private companies
- Focus on education using communication technologies
- Target: youth and adult students and teachers
- Areas: education, heritage, environment and communication

#### **The Problem**

#### SEDENTARY LIFESTYLE: A MATTER OF PUBLIC HEALTH

- According to the WHO, 3.2 Million deaths in the world are attributed to lack of physical activities.
- In Brazil, 70% of the youth between 14 and 15 do not exercise enough or don't exercise at all.
- The sooner students have a positive experience with physical activities,
   the greater are the odds they will become an active adult.

## **Facing the Problem**

#### THE MOVEMENT PROGRAM

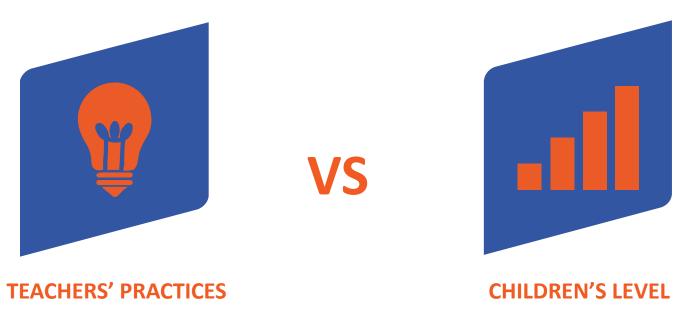
Training 1st to 5th grade teachers (6 to 10 years-old children)

Adopts the Body Culture to teach physical education

Interdisciplinary
approach aiming at
create establish
relevance to body
movement at school

Uses technology to create a collaborative learning network, combining face to face and online activities

#### Different perspectives among partners



Focus on results on **teachers' practices** to promote movement culture

Focus on changes on **children's level**increase of level of movement

very hard to achieve with planned design for the project

### Strengthening the program and its likelihood of producing results



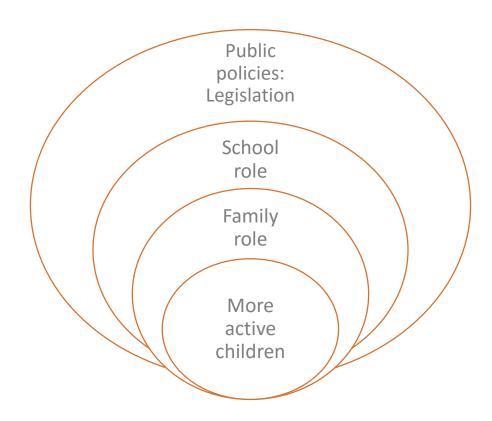
- Deepening knowledge about sedentary lifestyle
- Identify changes that were needed and possible to be produced by the program
- Identify means to achieve the desired changes

New strategies to the Movement Program

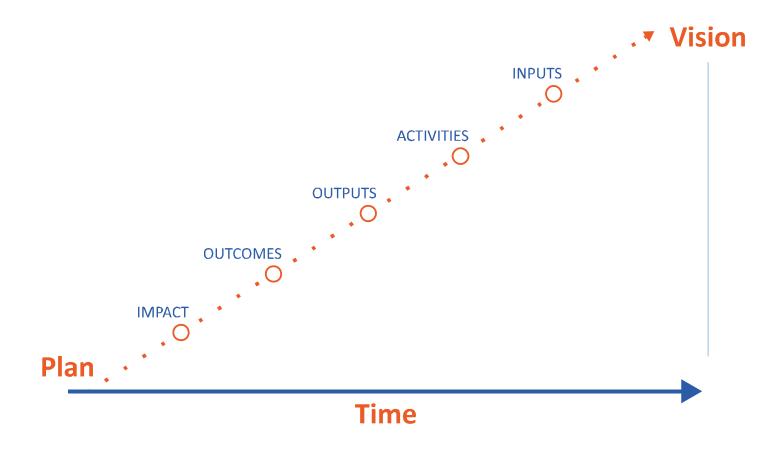
# Learning from research and previous projects

Factors associated with sedentary lifestyle

School-based good practices to face sedentary lifestyle

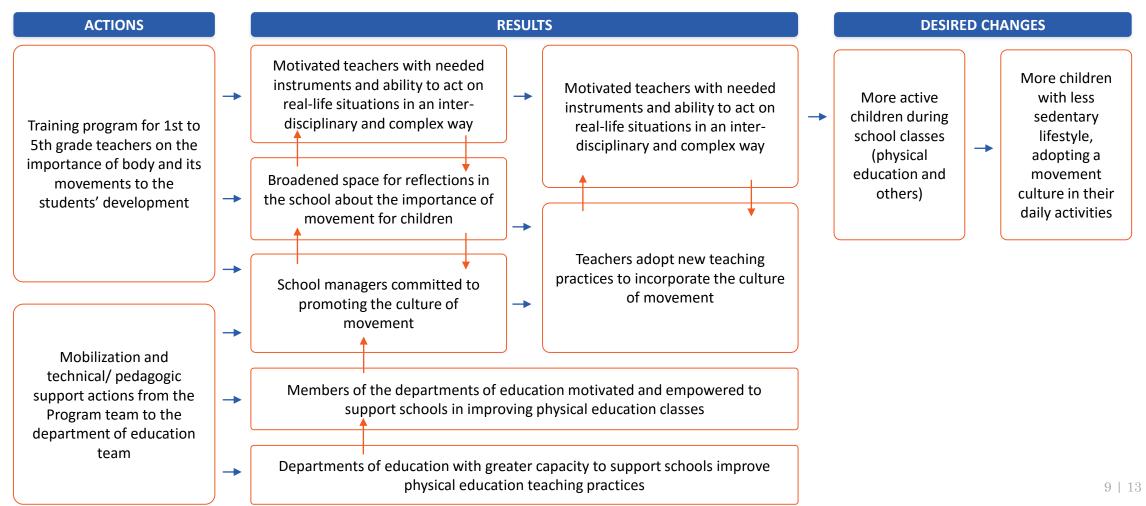


## **Evaluators faced challenges to fulfill their role**



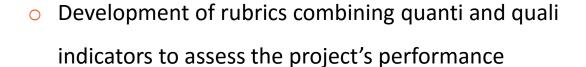
Low probability that desired impact was going to be achieved

#### Logic Model: Definition of actions aligned with the desired change



#### Including evaluation rubrics to identify the merit of the Program

"Big-picture" evaluation questions



Provision of ongoing feedback to support decision making





#### **Ongoing Feedback**

#### MAKING INFORMED DECISIONS DURING THE IMPLEMENTATION CYCLE

**CRITERION EVALUATION** RUBRIC / CONCLUSION **EVIDENCE ACTION** QUESTION **OF MERIT** Training contents for The training contents physical education are good for To what extend the teachers have high broadening general Change training training contents were quality and knowledge but Inadequate educational materials adequate? adequately address inadequate for interdisciplinary interdisciplinary practices practices

### How evaluation contributes to/influences program design?

#### **MOVEMENT PROGRAM**



## MOVEMENT PROGRAM

## Thank you!

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Thomaz Chianca
COMEA Relevant Evaluations